

Two Slow, One fast

(good for subjects with extended writing or mathematical problem solving)

Skill development drill which requires you to **repeat a tricky process** 3 times (works well with subjects that require extended writing or mathematical problem solving). Stolen from sport!

Slow
Slow



What to bring with you:	What we will supply for you:
1. Tricky exam questions	1. Access to exam papers

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The first point to note is that you should NOT worry about going slowly. Take your time and be thorough!

The key thing is that you nil the slow bit first

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This is a drill that is designed to take away all the chaos and uncertainty of answer a question in an exam. A single skill is focussed on and repeated.

Go Slow.

You're going slowly, paying attention to what you do. That might mean taking half an hour to work through a short exam question, twenty minutes on an exam math's equation, an hour on a couple of science questions or 30 minutes on a killer paragraph for an essay.

You now repeat this process again – see how much you can memorise!

Go Fast.

You can now apply the learning under exam conditions. Pick an exam question (or write your own), work out how long you would have in an exam and see whether you can perform at the same level but under the pressure of time.

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Further help

For each question that you come up with work out a model answer that focuses on two separate areas – Content and Skills

CONTENT:

Start by brainstorming all the relevant (perhaps use a graphic organizer to group and organize your ideas for this - mind maps, comparison table, flow chart, graph

SKILLS:

Identify the trigger word and detail what it means and how to do it (analyse, explain, compare and contrast)

Identify a single key skill and focus on it (you can use the key skills list)

Identify the relevant writing style for that subject (PEAK)

Note the amount of marks available