

Leitner Box session

Effective and easy to develop practice and recall system using flash cards to encourage **focused and purposeful practice**



What to bring with you:

1. A range of flash cards from each subject
2. 4 small box's

What we will supply for you:

1. Flash cards
2. 4 Plastic wallets (if you do not have 4 box's)
3. Labels for each wallet

Flash Cards

How?

1. On one side of the card write the **KEY QUESTION**.
2. On the reverse of the card, add the **KEY POINTS, DIAGRAMS** or **MIND MAP** with the answers (but don't write lots of text).
3. When revising, **answer** the key questions **WITHOUT** looking at the answer. Write or say your answers out loud.
4. **Check** your answer against the flash card. Write down the points you missed out.



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AIM: to force you out of your comfortable learning of familiar information, into a much more challenging place.

To do this, you are going to categorise your flash cards so that you can self assess your understanding – this makes you more critical.

Leitner Box Labels

40%

Box 1

- Items for frequent practice
- Stuff you are not remembering well
- When you score a victory and fully recall a card, you **move it to Box2**

Leitner Box Labels

30%

Box 2

- The stuff you've only just moved out of **Box 1**
- Or learning that still trips you up
- This material should be moving up if you've nailed it, or down if you you're not remembering it **fairly regularly**

Leitner Box Labels

20%

Box 3

- You nearly always get this stuff correct
- You are confident, even when the material is complex
- If you make any mistakes at all in recall, it must be **moved it to Box2**

Leitner Box Labels

10%

Box 4

- This is the material you consider easy
- you feel confident, even when the material is complex
- However, and this is key, **nothing ever leaves this box** because you know it so well
- You still have to check it every now and then